



# YOGA & HIKE

## MALLORCA RETREAT 2022

### June 22nd to 26th

#### REGISTRATION FORM

First, middle & last name

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Street, city, ZIP & country

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E-mail & mobile phone

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Date of birth

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I hereby make a binding reservation/registration to take part in THE YOGA & HIKE MALLORCA RETREAT 2022 organized by EXHALE YOGA LUXEMBOURG from June 22nd to 26th with Isabelle Thill, Owner and Teacher at EXHALE YOGA.

#### PRICE:

room for double occupancy in two single beds or double bed with ensuite bathroom

1050€/person (early bird 900€ until March 31st)

Exhale Yoga 11, rue de Machault L-2111 Luxembourg-Merl  
+352 621 644 848 info@exhaleyoga.lu www.exhaleyoga.lu  
VAT LU22232402

IBAN LU76 0019 3955 9416 4000 Swift Code BCEELULL



## Included Services

### **Yoga classes**

Isabelle will teach a daily Yoga class. Most of the classes will be dynamic (Jivamukti/ Ashtanga/ Vinyasa), except the days of the hikes, where the practice will be softer (Yin Yoga Style). The practice includes physical asana practice, pranayama and spiritual talk. Exact daily schedule at the retreat venue.

On arrival day (22<sup>nd</sup> June) there will be a welcome Yoga class with Isabelle, on departure day (11<sup>th</sup> September at 10am) we will end the retreat with a meditation walk. The course language will be mainly English; Isabelle can translate at any time in French, German or Luxembourgish.

### **Accommodation**

As described/booked above, the rooms will be distributed by EXHALE YOGA up to the maximum mentioned capacity of the room booked. You may tell us the name(s) of the room-mate you prefer to share your room with.

### **Food**

Daily buffet style meals (except on one night). This includes all drinks available at the buffet such as coffee and tea. Picnics will be provided for the hikes.

### **Pick up & drop off**

Pick up & drop off at the airport can be arranged with us.

## Not included

**Dinner** on our excursion day

**Massage treatments** Massage treatments with a local therapist

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## Payment

After receiving and accepting this registration, EXHALE YOGA will send you a booking confirmation and invoice for the total retreat price. 50% of the invoice has to be paid within 10 days of receipt. The other 50% have to be paid before May 1<sup>st</sup> 2022.

The early bird rate has to be paid in full until 31<sup>st</sup> March 2022.

Payment can be done in cash or via bank transfer to the EXHALE YOGA account

(BCEELULL IBAN LU76 0019 3955 9416 4000)

**Cancellation of your retreat booking** is possible until the beginning of the retreat. However, we will have to charge a cancellation fee of 75% of the full retreat price and we will deduct such cancellation fee from any money to be returned to you. The cancellation fee, however, will be reduced to 10% of the full retreat price, in case the cancelling client has a replacement person for him/her.

**EXHALE YOGA hereby advises you that you may lower your financial cancellation risks by obtaining a special travel cancellation insurance.**

### COVID 19

In case the Spanish Government blocks the borders and there's an official lockdown, you would be get a 100% refund of your booking fees.

### Cancellation of the retreat by EXHALE YOGA:

EXHALE YOGA may cancel your right to take part in the retreat and sell your spot to someone else if you fail to pay the full retreat fee in time despite having been reminded by EXHALE YOGA two times without success. In this case, EXHALE YOGA is entitled to a cancellation fee in the amount stated in the preceding paragraph.

In case the completion of the retreat becomes economically unreasonable for EXHALE YOGA (e.g. in case of too few participants), EXHALE YOGA reserves the right to cancel the retreat in which case EXHALE YOGA will refund your payments for the retreat. No other damages will be paid by EXHALE YOGA.

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EXHALE YOGA also reserves the right to forfeit your right to take part in the retreat if you interfere with the retreat or if you massively break your obligations or duties. In this case you will have to pay any additional return trip costs on your own.

If any one of the presenters is not able to teach at the retreat for any reasons of force majeure, illness or other similar adverseness, EXHALE YOGA is entitled to have him or her substituted by any other presenter with the same or similar qualification. In such case, EXHALE YOGA does not owe you any reduction of the retreat price or any damages for any such unavailability or change of presenters.

**You are obliged to inform the yoga teacher before each class and if necessary also before each yoga posture of any injuries which might limit your ability to perform such posture or which might impose an unusual health risk for you or for other participants.**

**I, hereby, confirm my retreat booking subject to the aforementioned statements and terms:**

**Date**

**Signature**

Please return this filled-in and signed registration form via mail (see below) or as a scanned e-mail attachment (info@exhaleyoga.lu)

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