



THE PROVENCE YOGA RETREAT 2023

August 5th to 12th

REGISTRATION FORM

First, middle & last name

Street, city, ZIP & country

E-mail & mobile phone

Date of birth

I hereby make a binding reservation/registration to take part in THE PROVENCE YOGA RETREAT 2023 organized by EXHALE YOGA LUXEMBOURG from August 5th to 12th in Grambois (Provence, South of France) with Isabelle Thill, Owner and Teacher at EXHALE YOGA.

PRICE:

PLEASE CHECK ONE OF THE CATEGORIES (early bird until December 31st 2022)

Category 1

room for double occupancy in two single beds with ensuite bathroom 1850€/person (early bird 1800€)

Category 2: ^[1]_[SEP]

room for triple occupancy in three single beds with ensuite bathroom 1750€/person (early bird 1700€)

Category 3:

room for quadruple occupancy in four single beds with ensuite bathroom 1650€ /person (early bird 1600€)

Exhale Yoga 11, rue de Machault L-2111 Luxembourg-Merl
+352 621 644 848 info@exhaleyoga.lu www.exhaleyoga.lu
VAT LU22232402

IBAN LU76 0019 3955 9416 4000 Swift Code BCEELULL



Included Services

Yoga classes

Isabelle will teach one intensive 2 hour Yoga class every morning (yoga styles vary between Jivamukti, Ashtanga and Pure Flow Vinyasa sequences), except the day of the excursion, and a gentle Restorative/ Yin Yoga class every late afternoon with Stéphanie. The practice includes physical asana practice, pranayama and spiritual talk. Before the morning classes, meditation/silent walk will be offered. Exact daily schedule at the retreat venue.

On arrival day (5th August from 6pm on) there will be a welcome Yoga class with Isabelle and Stéphanie, on departure day (12th August at 10am) we will end the retreat with a meditation walk. The course language will be mainly English; Isabelle can translate at any time in French, German or Luxembourgish.

Accommodation

As described/booked above, the rooms will be distributed by EXHALE YOGA up to the maximum mentioned capacity of the room booked. You may tell us the name(s) of one or more room-mates you prefer to share your room with and who booked the same room category.

Food

Tree daily buffet style meals every day as well as fruits throughout the day. This includes all drinks available at the buffet such as coffee and tea.

Not included

Arrival and departure arrangements are to be booked and paid individually. Pick up at the train station can be arranged with us. They are not included in the retreat price.

Dinner in Aix-en-Provence during the city tour.

Massage treatments

Payment

After receiving and accepting this registration, EXHALE YOGA will send you a booking confirmation and invoice for the total retreat price. 50% of the invoice has to be paid within 10 days of receipt. The other 50% have to be paid before June 1st 2023. You can pay in cash or via bank transfer to the EXHALE YOGA account (BCEELULL IBAN LU76 0019 3955 9416 4000)

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Cancellation of your retreat booking is possible until the beginning of the retreat. However, we will have to charge a cancellation fee of 75% of the full retreat price and we will deduct such cancellation fee from any money to be returned to you. The cancellation fee, however, will be reduced to 10% of the full retreat price, in case the cancelling student has a replacement person for him/her.

EXHALE YOGA hereby advises you that you may lower your financial cancellation risks by obtaining a special travel cancellation insurance.

COVID 19 If the French Government blocks the borders and there's an official reconfinement, then you would be get a 100% refund of your booking amount.

Cancellation of the retreat by EXHALE YOGA:

EXHALE YOGA may cancel your right to take part in the retreat and sell your spot to someone else if you fail to pay the full retreat fee in time despite having been reminded by EXHALE YOGA two times without success. In this case, EXHALE YOGA is entitled to a cancellation fee in the amount stated in the preceding paragraph. In case the completion of the retreat becomes economically unreasonable for EXHALE YOGA (e.g. in case of too few participants), EXHALE YOGA reserves the right to cancel the retreat in which case EXHALE YOGA will refund your payments for the retreat. No other damages will be paid by EXHALE YOGA.

EXHALE YOGA also reserves the right to forfeit your right to take part in the retreat if you interfere with the retreat or if you massively break your obligations or duties. In this case you will have to pay any additional return trip costs on your own. If any one of the presenters is not able to teach at the retreat for any reasons of force majeure, illness or other similar adverseness, EXHALE YOGA is entitled to have him or her substituted by the 2nd presenter or by any other presenter with the same or similar qualification. In such case, EXHALE YOGA does not owe you any reduction of the retreat price or any damages for any such unavailability or change of presenters.

You are obliged to inform the yoga teacher before each class and if necessary, also before each yoga posture of any injuries which might limit your ability to perform such posture or which might impose an unusual health risk for you or for other participants.

I, hereby, confirm my retreat booking subject to the aforementioned statements and terms:

Date

Signature

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