

REIKI ATTUNEMENTS

12hrs initiation workshop with Nicky Hilton

August 30th to September 1st

REIKI LEVEL 1 PRACTITIONER

Usui Shiki Ryoho

REIKI IS UNIVERSAL LIFE FORCE ENERGY



Your first step into the Art of Reiki healing where the first degree opens the energy channel. During this course you will receive the first “attunement” or initiation . You will learn the energy basics, how to give a good treatment and will learn the techniques to be able practice self healing and offer to family and friends & pets . The “Level 1” course is the foundational stage in this journey of transformation and spiritual growth.

Duration: 12hrs

Costs: 235€

Schedule:

Friday 30th Aug: 18.30-20.30

Saturday 31st Aug: 11.00-13.30/ snacks/ 14.00-16.30

Sunday 1st Sept: 11.00-13.30/ snacks/ 14.00-16.30

Reiki a universal force from the great divine spirit it belongs to all who seek and desire to learn the art of healing. Therefore, Reiki can be defined as a spiritually guided life force, it has its own consciousness.

When a healer channels Reiki, Reiki guides itself to where the healing is required. Reiki is taught in a series of levels. Reiki attunements increases the vibratory levels of the practitioner, clearing any blocks to Reiki in your aura and connecting you to energetic pathways, this energetic opening allows the Reiki energy to flow.

The Reiki attunements is a sacred spiritual initiation that opens the crown, the third eye, heart and palm chakras so the students become a permanent channel for Reiki. Attuning the chakras to Reiki increases the vibratory level of these chakras that were previously running on a lower frequency.

The 21-day cleansing purification process is also where we adjust to the new vibration of the chakras created by the Reiki initiation.