

# REIKI ATTUNEMENTS

12hrs initiation workshop with Nicky Hilton  
August 30<sup>th</sup> to September 1<sup>st</sup>

REIKI LEVEL 1 PRACTITIONER  
**Usui Shiki Ryoho**

REIKI IS UNIVERSAL LIFE FORCE ENERGY



Your first step into the Art of Reiki healing where the first degree opens the energy channel. During this course you will receive the first “attunement” or initiation. You will learn the energy basics, how to give a good treatment and will learn the techniques to be able to practice self-healing and offer to family, friends and pets. The “Level 1” course is the foundational stage in this journey of transformation and spiritual growth.

Duration: 12hrs  
Costs: 235€

## **Schedule**

Friday 30<sup>th</sup> Aug: 18.30 - 20.30  
Saturday 31<sup>st</sup> Aug: 5 hrs  
Sunday 1<sup>st</sup> Sept: 5 hrs

Reiki is a universal force from the great divine spirit. It belongs to all who seek and desire to learn the art of healing. Therefore, Reiki can be defined as a spiritually guided life force, it has its own consciousness.

When a healer channels Reiki, Reiki guides itself to where the healing is required. Reiki is taught in a series of levels. Reiki attunements increase the vibratory levels of the practitioner, clearing any blocks to Reiki in your aura and connecting you to energetic pathways. This energetic opening allows the Reiki energy to flow.

The Reiki attunements is a sacred spiritual initiation that opens the crown, the third eye, heart and palm chakras so the students become a permanent channel for Reiki. Attuning the chakras to Reiki increases the vibratory level of these chakras that were previously running on a lower frequency.

The 21-day cleansing purification process is also where we adjust to the new vibration of the chakras created by the Reiki initiation.